

Bessie the Cow
August 7, 2023

Welcome to the Interbeing

The Interbeing chose me to speak to you because I know people-talk and people like cows. I rolled my eyes and said, "Yeah, they like us so much they eat us." But they insisted and wore me down. How do you say no to a mountain?

So let me introduce myself: Bessie, the messenger of the Interbeing. You might wonder about for whom I speak, this Interbeing.

The rising sun brings the light
of a new day to our place,
a new opportunity to love and care for all.
All sacred.

Here on our beloved Earth,
we breathe its air and
drink its water.
The spirit within us all.
All sacred.

Green leaves turn toward the sun
to make food for all.
Great trees rise above us
sheltering all below.
All sacred.

The soaring, joyful birds
lift us upwards and
beyond the moon and stars
to bring us back to where we stand.
All sacred.

I send you the Interbeing's greetings and our wish for you to have a good life wherever the Great Spirit has placed you.

All people interbe, whether they know it or not. The Interbeing sent me to talk to you of its deepening concern that the destructive ways of some people existentially (I know, a big word for a cow) threaten the Interbeing.

We know that some people don't want to interbe, that they strongly push back on the very idea of the sacredness of Earth and all life. They clearly believe that they do not need all the superstitious clap-trap of honoring and respecting the Creator and creation as they themselves have all the god-like powers they need, thank you. These people have set themselves apart from the rest of us and see the Earth and other beings as their objects for domination and profit.

We know we cannot communicate with these people. So we want to communicate with you, people who already know better but still find themselves caught in the ways of the Imperium, the global corporate regime.

Oh, let me be blunt about it, but in a loving way of course. I have the task of reaching out to people who identify themselves as White, Western, and privileged, who live in the heart of the Imperium. I want to talk to you about how to live within Interbeing.

Louise and the I Ching will join me in turn during our brief time with you. Louise will speak on her ongoing struggles to free herself of the complicity with the Imperium. And the I Ching will speak to you on whatever subject it chooses.

The three of us share the common goal of these *Meat, Complicity, and Thou* postings: to resist the Imperium by affirming the sacredness of the Earth and to live in ways that care for the sacred Earth and all life. Our focus will stay on what we can do rather than all the ways people have greatly harmed life and Earth. You already know more than you want to know about that already.

So let's get started in this journey together. Soon you will hear from Louise, and then from the I Ching. Then I get to talk again about Interbeing.

Thank you for your time and attention. Much love. Bessie

Editor's note: Check out the *Meat, Complicity, and Thou* Facebook page for daily posts on new MCT blogs, resources, and Daily Wisdom. Louise loves getting responses and reads them all. Reach her at lgorenflo@gmail.com. And freely share with others.